

ROCORI Boys Basketball 10,000 Shot Club For all boys 4th - 12th grade June 7th - September 26th



The Rocori 10,000 Shot Club is a chance for you to improve your shooting skills over the summer. 10,000 *quality shots* during the summer is all it takes to become a member of the 10,000 Shot Club. That and improve your shooting at the same time.

Program Directions:

- 1. Use the shot tracker on the Rocori Boys Basketball website, http://rocoribbb.weebly.com to record your shots.
- 2. Every week (or biweekly) upload your progress via our website http://rocoribbb.weebly.com/10k-shot-club.html
- 3. For grades 4-8, you must *attempt* 10,000 shots. For grades 9-12, you must *make* 10,000 shots.
- 4. Track your progress and follow where you stand against the other club members on the Shot Club page on the website
- 5. Competition Start Date = June 7 End Date = September 26
- 6. All shot attempts must be recorded via the website by October 15th.

By shooting/making 10,000 shots over the summer, you will get your name on the website, recognition at a varsity game, and a 10,000 club shirt.

Additional Forms available on line at: http://www.rocoribbb.weebly.com

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"The Best Athletes are Made in the Offseason"